

A new way of thinking about rehabilitation after spinal cord injury & what rehab professionals said about it

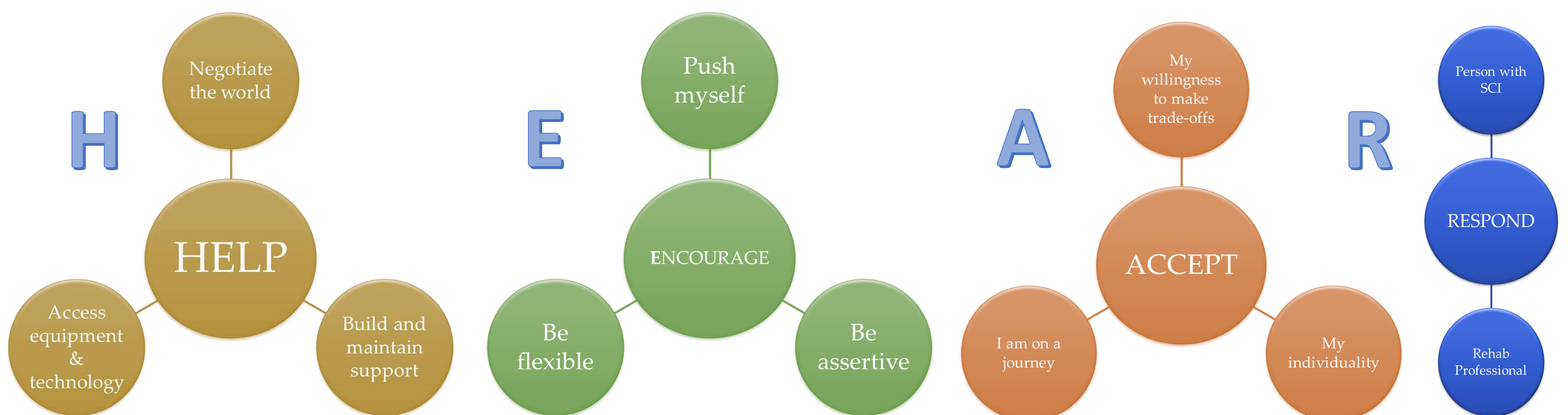
What's this all about?

The **HEAR FRAMEWORK** is a new way of thinking about rehabilitation for people with spinal cord injury (SCI). It has been developed from the stories of people with SCI and understanding what helped them to get back into life after their injury.

The Framework has three components – **HELP**, **ENCOURAGE** and **ACCEPT**. Help, Encourage and Accept are three different ways that rehab professionals can work with people with SCI during rehabilitation. For these three components to work successfully there has to be **RESPONSIVE COMMUNICATION** between people with SCI and their rehab professionals.

Rehab professionals were asked what they thought about the HEAR Framework.

What is in the Framework?

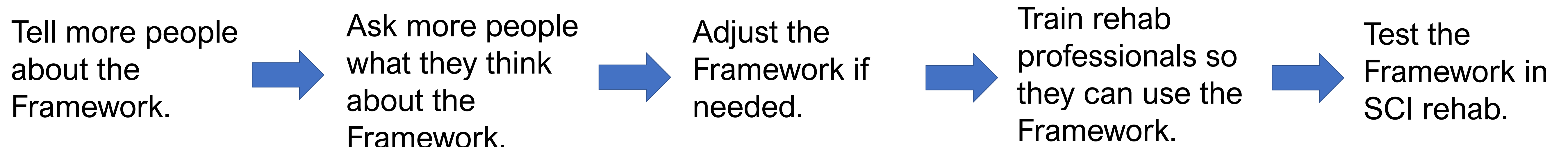


What did rehab professionals say about the HEAR Framework?



- The Framework is simple and clear – it makes sense.
- **We already do some of the things in the Framework.**
- It might help us change rehab to suit each individual.
- **The Framework makes the rehab professional think deeply about what they are doing.**
- It might be good for teaching new rehab professionals how to do rehab.
- It might be hard to change THE SYSTEM to do rehab this way.
- **The Framework might work for community rehabilitation but it might not work for hospital rehabilitation.**
- It might work for some patients but not others.
- **Rehab professionals might think some of this isn't part of their job.**

What comes next?



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to see a full explanation
of the Framework.

