System and service disruption
Challenges & opportunities
**Vision:** To empower people with Acquired Brain Injury to participate in life
Person & family centred approach

• Support & adjustment
• Education
• Goal planning
• Therapy sessions
• Service transitions
• Discharge planning
• Education
Access

• Rehabilitation services - inpatient beds, gyms, clinics
• Early rehabilitation intervention
• Border restrictions
• Hospital & health care avoidance - impact on chronic disease
• Social distancing impact
Support networks

• Formal & informal
• NDIS responsiveness
• Demand on community rehabilitation services
  • Case management
• Self management skills programs
• Peer support
Frontline services

- Service delivery
- Staff wellbeing
- Planning
- Research
- Professional development
- Student education
The true creator is necessity, who is the mother of our invention.
Necessity – COVID-19

- 40 million cases
- Multi organ dysfunction
  - Respiratory
  - Cardiac
  - Renal
  - Neurological
- Mild COVID-19 illness $\rightarrow$ major sequaleae
- Indirect effects
Technology

- An effective treatment, not a panacea
- Selection of clinical services to be delivered by telehealth
- Teamwork within & across rehabilitation services

- Access
  - Patients
  - Clinicians

- Reduced FTA
Rehabilitation delivery & design opportunities

- Flexible models
- Multi → Inter → Trans disciplinary shift
- Improved responsiveness
- Earlier coordinated intervention
- Focus on transitions
Opportunities

- Learning from colleagues
- Preparation
- Growing evidence base