

# The Hopkins Centre

Research for Rehabilitation and Resilience

## Restoring Occupations and Community Participation



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(on behalf of the ROAMM team)

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**Bold ideas. Better solutions.**



MENZIES  
HEALTH INSTITUTE  
QUEENSLAND

Metro South Health



A joint initiative of the  
Division of Rehabilitation, Metro South Health, and  
Menzies Health Institute Queensland, Griffith University.

[www.hopkinscentre.edu.au](http://www.hopkinscentre.edu.au)



**ROAMM: Restoring Occupations  
And CoMMunity Participation**

Driving

Community  
Participation

Assessment  
and  
remediation

Cessation  
and  
alternatives  
to driving

Travel

Occupations  
in the  
community

Lifespace

Lived Experience

# Driving

**Fitness to drive**

**↓@ 6-months**

**Driving  
Remediation**

Inclusion: All people referred for on-road driving assessment

- Lifespace
- Wait-list RCT of on-road driving remediation
- Qualitative interviews
- Relationships or predictors?

# Driving

**Fitness to drive**

**↓@ 6-months**

**Driving  
Remediation**

**Impact on Carer**

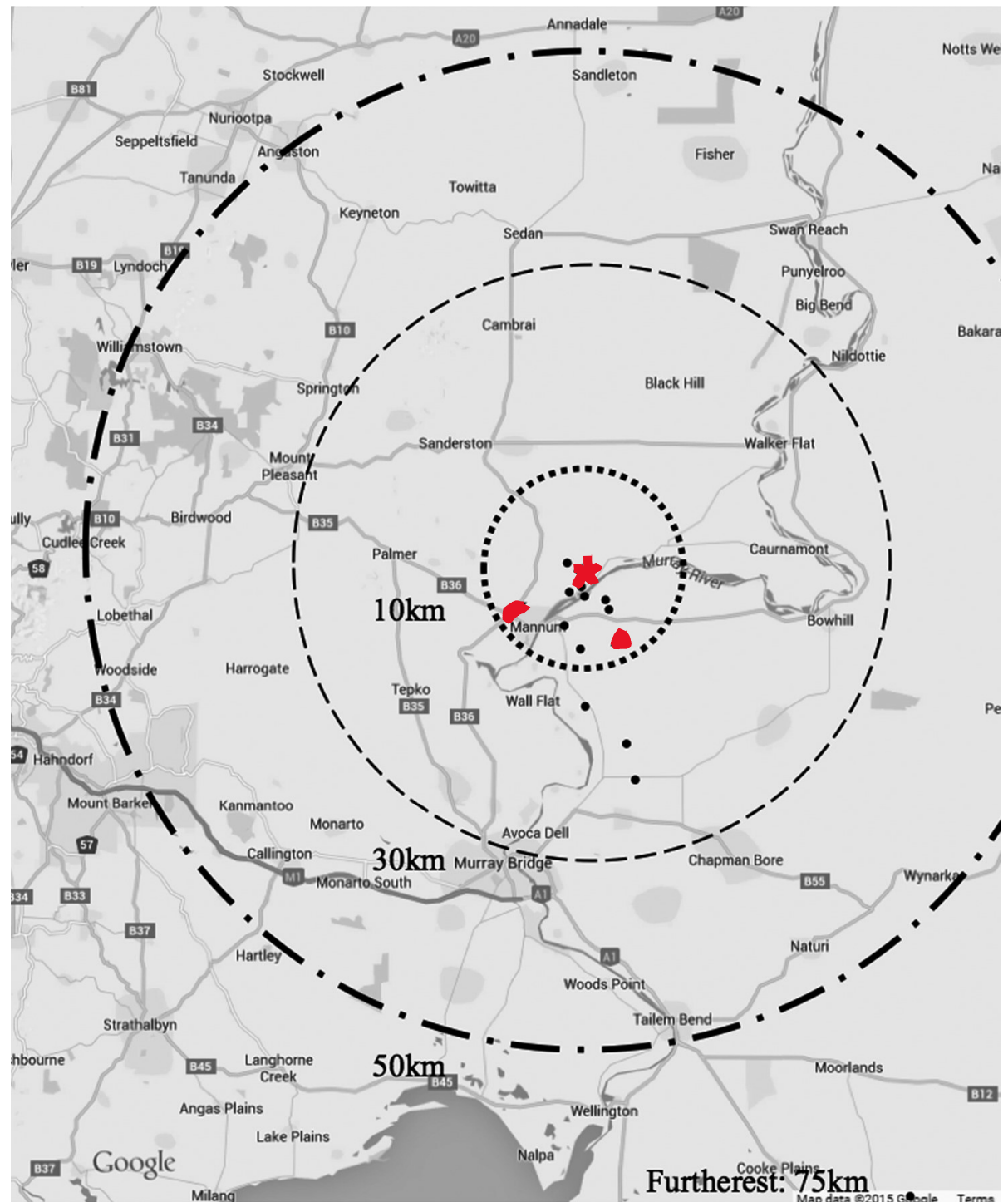
**Life Space**

**Driving  
Disruption**

# Family Members Experiences of Driving Disruption

- Lifespace Mapping
  - an increase for nine participants,
  - a decrease for five,
  - and no change for one participant.
- Four typologies:
  - I will do everything for him or her;
  - Trying to fit all in;
  - We spend all our time together now;
  - I need to also care for myself.

(Liang, Liddle, Fleming, & Gustafsson, 2016)



# Driving

**Fitness to drive**

 **@ 6-months**

**Driving  
Remediation**

**Impact on Carer**

**Life Space**

**Driving  
Disruption**

**Practical**

**Emotional**

**Driving  
Cessation**



## The research behind CarFreeMe

[Collaborate with us](#)

# Supporting Driving Cessation

[www.carfreeme.com.au](http://www.carfreeme.com.au)



# Travel

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# Travel after mild stroke

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*... We went on a holiday, right, to South America. [Husband] **normally has control of the passports, the paperwork, the tickets** – everything. And he normally does all that... **This time, I had to do the whole lot.** He just didn't know what papers were needed. He didn't know what – in the airport he, **if he wandered off, he would get lost** ... It, yeah it's just made it very, very hard for me because I had to do everything.*

(Hodson, Gustafsson, & Cornwell, 2019)



# Bauer, 2018

- Motivations
- Barriers
- Acquired disability
- Complex travel planning





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